

# Pajautājiet, kas personālam vajadzīgs, lai darbs no jauna kļūtu jēgpilns

**Matjē Luizē**, PAQS uzlabojumu daļas vadītājs un WMTY pasaules tīkla vēstnieks, Beļģija











# Ask WMTY to staff!

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# Is it me?













# What Matters to people?

Patients AND Staff!





# SCORE Staff survey



2022 Belgium

# A global survey in french speaking Belgium

• 17336 healthacre staff surveyed 09

• I feel burned out from my wo 37%

• People in this work setting are burned out from their 60% work.

• I often think about leaving this job.







Commentary



Let's reconnect healthcare with its mission and purpose by bringing humanity to the point of care

Mathieu Louiset , <sup>1,2</sup> Dominique Allwood, Suzie Bailey, Robert Klaber , <sup>5</sup> Maureen Bisognano





# Dr M-J Barry and S Edgman-Levitan

From "What's the matter?" to "What matters to you?"

# Paris 2012: International Forum on Quality & Safety

- Key Principles
- Ask WMTY
- Then listen
- And consider



### The Evidence

WMTY conversations help healthcare teams understand what is **most important to patients**, leading to **high quality care delivery**, **improved PX**, and **improved patient-provider relationships**.

1991

Evidence for Motivational Interviewing 2012

Shared Decision Making- The Pinnacle of Patient-Centered Care 2016

"What Matters to You?" - A pilot project for implementing patient-centered care

WMTY first applied to orthopaedic

setting

2017

Framework for Improving Joy in Work 2019

Key Pillar of Age-Friendly Health System's 4M's 2020

1 of 5 strategies with potential to enhance physician presence & meaningful connection with patients during clinical encounter

Miller & Rollnick Motivational Interviewing, Helping People Change

Barry M & Edgman-Levitan S NEJM DiGioia AM, et al. PX Journal Perlo J, Balik B, Swensen S, et al IHI White Paper Age-Friendly Health Systems Guide Zulman DM et.al



# Early adopters: Norway and Scotland







# 3 pillars



What Matters to patients



What Matters to staff



What Matters to the organization



# Conversation Tool Ask people 'What Matters to You?'



I asked.....

They said...

We did....



What matters to you?

What is important to you today?

How can I best support you?

Is there anything worrying or annoying you?

....mattered to them

Takes minimal time, planning, structural or process changes



Collaboration required but doable

(Project Wingman / Dream Ambulance)

Simple yet meaningful

(blue shirt / warm socks)

Requires
involvement
/ leadership
from
internal and
external
teams

Very complex and not easy to do

(homelessness)

Complicated but small scale

(Changes to a ward / department after wmty feedback)

Involves one individual or local team

Takes significant time, planning, structural or process changes

Maureen Bisognano concept Karen Turner graphic draft 9-2021



### Invisible Barriers

Often too afraid to ask a question We can't guess what matters to someone else Guess what matters or we do what matters to us Disconnection with meaning and purpose of roles and disconnection with others

60-70%

Staff change practice as a result of asking

70-80%

Staff learn something new

80-90%

Staff report it enhances their conversation / connection

### First Translate



#### ADAPT to ADOPT

- Such a wide interpretation from English to French
  - Important
  - Compte
  - Motive
  - •



# Find friends!







### **Create Linkages**



### 3 movements → 1 theory

- WMTY
- Kindness in healthcare
- Compassionate Leadership



# Leading with Kindness and Compassion - Benefits

- Employee's decision to stay in a job largely come from a sense of belonging, feeling valued by their leaders, and having caring/trusting colleagues.
- Compassion and a leadership focus on well-being:
  - Fosters more meaningful relationships in organizations and inspires loyalty
  - Among health care workers, showing more compassion is associated with less burnout.
  - Lowers employee emotional exhaustion
  - Lowers employee absenteeism
  - Increase job satisfaction, employee/team job performance, and retention



### For us, WMTY...

- Is the central question for everything
- Is the first act of kindness
- Empower to show compassion
- Is about patients AND staff
- It is possible

### All linked in a framework



- Based on evidence
- To foster adoption
  - Frankel A, Haraden C, Federico F, Lenoci-Edwards J. *A Framework for Safe, Reliable, and Effective Care*. White Paper. Cambridge, MA: Institute for Healthcare Improvement and Safe & Reliable Healthcare; 2017.
  - Perlo J, Balik B, Swensen S, Kabcenell A, Landsman J, Feeley D. IHI Framework for Improving Joy in Work. IHI White Paper. Cambridge, Massachusetts: Institute for Healthcare Improvement; 2017.





#### Responsibilities

#### Individual

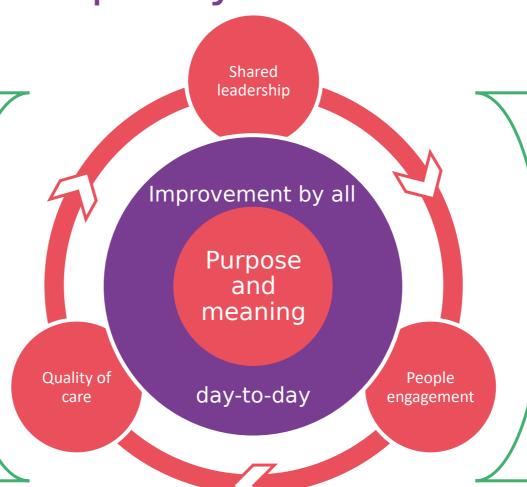
- Empowerment
- Autonomy

#### Managerial

- Feedback
- Recognition
- Celebrating success
- Participative management

#### Collectives

- Teamwork and communication
- Trust and camaraderie
- Stakeholders
- Negotiation



#### An organization

#### Positive

- Kindness and compassion
- Equity
- Pride
- Joy in Work

#### Learning system

- Continuing education
- Transparency
- Learning from successes and failures
- Sharing knowledge



What Matters To You?

# WMTY.world

Becoming WMTY.world and the current global movement,

how to join and use the available resources for all



# 50 Countries 2000+ Teams



# Join the WMTY Movement!



- Join our monthly calls
  - 3rd Wednesday 10am ET
  - Share stories and materials
- Visit our WMTY.world website
- Celebrate WMTY Day
  - June 6, 2024







## Ask, share, listen, talk

- Think how YOU can implement this into YOUR daily practice
  - or life?
- Connect and share with peers working in same care setting

Start yourself - What really matters to you?

## Come with us









#jauta

# CILVĒKS - LATVIJAS VESELĪBAS NOZARES VĒRTĪBA

2023. gada 28. septembrī







